

Monday	Tuesday	Wednesday	Thursday	Friday
28 Taco Meat Brown Rice Black Beans Peas Diced Tomatoes Mandarin Orange Cup Tortilla Chips	29 Ribs Corn Peach/Blueberry Crisp Peanut Butter Cup Fresh Fruit 2 Slices of Bread	30 Chicken Strips Spinach Diced Potato Oatmeal Cookie Fresh Fruit 2 slices of Bread	31 Meatballs w/Marinara Spaghetti Broccoli Peach Crisp Apple Juice 1 slice of Bread	April 1 Country Steak Gravy Diced Beets Cinnamon Apple Slices Grape Juice 2 slices of Bread
4 BBQ Pork Brown Rice Broccoli Green Beans Rice Krispy Treat Tropical Juice	5 Meatloaf Gravy Diced Potato Peas Mandarin Orange Cup Cranberry Juice 1 Slice of Bread	6 Turkey Mett Sauerkraut Mash potatoes Green Beans Pineapple Cup Goldfish Pretzels 1 Slice of Bread	7 Sliced Turkey Gravy Stuffing Spinach Peach Crisp Cheese Balls Apple Juice	9 Salisbury Steak Linguini Beef Broth Diced Carrots Fruit Cocktail Cranberry Juice 1 Slice of Bread
11 Diced Chicken Sweet/Sour Sauce Brown Rice Broccoli Cruller Donut Cereal Bowl Orange Juice	12 Hot Dog Cincinnati Chili Lima Beans Vanilla Pudding Apple Juice Pear Cup 1 slice of Bread	13 Grilled Chicken Breast Gravy Stuffing Diced Potato w/Cheese Shortbread Cookie Cinnamon Apple Sauce 1 Slice of Bread	14 Ham Cauliflower w/Peppers Sweet Potato Fresh Fruit Cheese Balls Grape Juice 1 Slice of Bread	15 Cincinnati Chili w/ Spaghetti Shredded Cheese Peas and Onions Sliced Carrots Oyster Crackers Cranberry Juice Peanut Butter Cup
18 Meatballs w/Gravy w/Mushrooms w/Diced Onions & Elbow Noodle Broccoli Lima Beans Tropical Juice Pear Cup 1 Slice of Bread	19 Pork Chop Sweet Mashed Potatoes Broccoli Pineapple Cup 2 Slices of Bread	20 Breaded Breast Brown Rice Peas Fresh Fruit Mixed Fruit Cup 1 Slice of Bread	21 Italian Chicken White Rice Spinach Fruit Bar Peach Cup Apple Juice One Slice of Bread	22 Hamburger Patty Sliced Carrots Apple Crisp Doritos Tomato juice 2 slices of Bread
25 Meatballs w/Marinara Spaghetti Broccoli Peach Crisp Apple Juice 1 slice of Bread	26 Country Steak Gravy Diced Beets Cinnamon Apple Slices Grape Juice 2 slices of Bread	27 Taco Meat Brown Rice Black Beans Peas Diced Tomatoes Mandarin Orange Cup Tortilla Chips	28 Ribs Corn Peach/Blueberry Crisp Peanut Butter Cup Fresh Fruit 2 Slices of Bread	29 Chicken Strips Spinach Diced Potato Oatmeal Cookie Fresh Fruit 2 slices of Bread



APRIL 2016

Home Delivered HOT Meals
Congregate Sites Only
March 2016

2% milk, skim milk, chocolate milk,
or cheese available.

White or wheat breads are
available. Margarine provided.
Wesley uses fresh herbs and spices
in their meal preparation.

Mrs. Dash is available upon
request.

**Your order may contain
substitutions sometimes based on
product availability.**